

# Activity Guide: Quickfire Questions

## Summary

This activity features quickfire questions aimed at one person at a time. Each round is short (1-3 minutes), creating urgency for rapid questions and concise, instinctive answers. The person being questioned can always pass without explanation.

### Purpose

Trust-building activities lay the foundation for effective group work. Use this activity early on to help a group connect and build trust, paving the way for deeper conversations ahead.

### Outcomes

Students will:

- Hone question-asking skills
- Foster curiosity about others
- Share personally with others

## Detailed Agenda

### Framing

*“In quickfire questions, each person gets 2 minutes to answer as their partner fires away. Questions can be silly, deep, or random—use our list or think of your own. Your aim is to learn as much as possible about your partner before their turn is up!”*

### Overview

1. Quick-fire questions directed at one person at a time in pairs
2. Establish a set amount of time (1-3 minutes per round)
3. The person being asked questions should answer them honestly, but can always choose to “pass” on a question

### Level 1 Questions

*For new groups or those still building trust. Instructors may set 1-minute rounds.*

- What is your favorite weekend activity?
- What is your dream vacation?
- Favorite song/album right now?
- If you could have dinner with anyone, dead or alive, who would it be and why?
- Favorite book/movie/TV show?
- What animal would you want to be?

### Level 2 Questions

*For advanced groups ready to dive deeper. Instructors may set 2-3-minute rounds.*

- What do you think is your best quality?
- What’s something you want to be known for?
- What do you think people get wrong about you?
- What is something you’re proud of?
- Who is someone in your life that you look up to?
- What is something that frustrates you?
- What’s something you’d like to get better at?

### Adaptations

- Quickfire questions work in small groups too. One person answers popcorn-style questions from the group, ensuring everyone gets a turn.
- Tie this activity to course content by focusing questions on reactions to key texts or assignments, fostering text-to-self connections.

## Wrap-Up

### Debrief Questions

- What lingering questions do you have? Feel free to ask that person after our session is over.
- What questions can you think of for other people in your lives? Have you asked them? Why or why not?