Activity Guide: *The Debrief*



Summary

This guide outlines the different ways to guide a student debrief after a class, dialogue, or meeting of any purpose.

Purpose

A key part of dialogue is "talking about talking" shifting focus from the topic to the conversation itself. Debriefs help make this happen, giving students a chance to reflect and learn from each other.

Outcomes

Students will:

- Share about group dynamics
- Learn different perspectives
- Highlight strengths and areas for growth

Detailed Agenda

Framing

"Let's transition from this conversation to our debrief. This is when we shift our thinking to reflecting on how the conversation went and what we can learn from it."

Choose a Focus

Depending on the nature of the conversation, choose how you'd like to focus the debrief.

1. Experience – how did students experience this conversation differently?

- a. "How did the conversation go for you?"
- b. "What did you notice about the dialogue?"
- c. "Was there a time that was difficult or uncomfortable for you?"
- 2. Group Intentions how did the group do at upholding intentions?
 - a. "How did our group intentions support your participation in this conversation?"
 - b. "Which group intentions were upheld particularly well today?"
 - c. "Which intentions could we still work on?"

3. Learning – what did students learn or take away from the conversation?

- a. "What did you learn about your peers?"
- b. "What might you take forward with you or keep thinking about?"
- c. "What questions are you left with?"
- 4. Group Shout-outs invite students to turn to each other for appreciation
 - a. "Were there comments or questions from others that you appreciated that you'd like to shout out?"
 - b. "Go around and share someone you appreciated today and why."

Note: Get creative with how you structure a debrief! Use pairs, small groups, or a timed go-round.

Wrap-Up

Debrief Questions

Wrap up a debrief by summarizing, encouraging, and highlighting connection, hope, and continuity. Your closing words will vary, but here are some examples:

- "It sounds like we have a lot to be proud of, and a few ways that we can continue to grow together."
- "We agree on some things and disagree on others, and it's so great we were able to surface both of those things here today."
- "Even in moments of discomfort, everyone stayed engaged in the conversation, which is very admirable. Let's keep it going next time, because there's a lot more to talk about."