

Summary of Lesson 2: Us and Them

Key Takeaway:

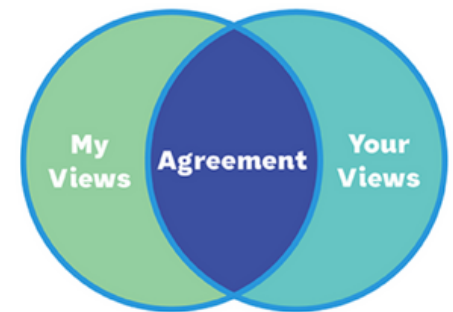
Next time you hear a view you strongly disagree with, pause and ask: *"What are the values underlying this view?"*

Insight 1: The Perception Gap

The Perception Gap = our tendency to assume that people from other groups hold views that are more extreme than they actually are.

As a society, we are far less divided than we think we are. The perception gap is created by:

1. **Echo-chambers** of similar-thinking people
2. **Extreme views are the loudest** in the media



Insight 2: Moral Foundations Theory

We all share the same six moral foundations. We develop preferences for these foundations depending on our **culture, upbringing,** and unique **life experiences.**

Everyone's views can be tied to the moral foundations they care most about.

Insight 3: Moral Empathy Gap

Moral Empathy Gap = the habit of focusing so much on our *own* moral lens that we overlook the values driving *someone else's* beliefs.

This gap leads us to assume the worst about others, when in fact, they may be acting on sincere moral concerns.

