Program Experience

• 91% Completed Perspectives
• 245 learners used Perspectives
• 9/10 Median Satisfaction Rating
• 96% of learners would recommend the program
Perspectives examined four key metrics:

1) Intellectual Humility
   - The awareness of one’s cognitive limitations and the fact that one could be wrong.
   - “I accept that my beliefs and attitudes may be wrong.”

2) Affective Polarization
   - The extent to which people dislike and distrust those with different political views.
   - e.g., “How do you feel about individuals who identify as liberal/progressive?”

Note: Key metrics used by Perspectives may vary over time.
Perspectives examined four key metrics:

• 3) Dichotomous Thinking
  • The ability to consider the world from another individual’s point of view.
    • “All questions have either a right answer or a wrong answer.”

• 4) Conflict Resolution
  • The ability to find a peaceful solution to a disagreement
    • “When in conflict with others, I defend myself by showing it is the other person’s fault.”
    • “...ask respectful questions to learn about what is important to the other person.”

Note: Key metrics used by Perspectives may vary over time.
Summary of Outcomes:

• ↗ Learners **significantly improved** in Intellectual Humility
• ↗ Learners **significantly improved** in Affective Polarization
• ≈ Learners **did not significantly improve** in Dichotomous Thinking
• ↗ Learners **significantly improved** in Conflict Resolution
Intellectual Humility: Learners Significantly Improved

- **Intellectual Humility:**
  - The awareness of one’s cognitive limitations and the fact that one could be wrong.
- **68% of Learners Improved**

Note: Statistical tests of significance are available when larger numbers of learners complete Perspectives.
Affective Polarization: Learners Significantly Improved

• Affective Polarization:
  • The extent to which people dislike and distrust those with different political views.
  • 72% of Learners Improved

\[
p < .001
\]
Dichotomous Thinking: No Significant Improvement

• **Dichotomous Thinking:**
  • The ability to consider the world from another individual’s point of view.
• 52% of Learners Improved

\[ p = .203 \]
Conflict Resolution: Learners Significantly Improved

- **Conflict Resolution**
  - The ability to find a peaceful solution to a disagreement
- 62% of Learners Improved

Sample Analytics Report

\[ p = .012 \]
Example Feedback

• Thanks to this program, I now feel confident in my ability to communicate effectively in any situation.

• As someone who has struggled with communication and conflict resolution in the past, I cannot recommend this program enough. The step-by-step approach to learning constructive dialogue is easy to follow and incredibly effective.

• I used to avoid talking about sensitive topics altogether, but now I feel confident in my ability to engage in constructive dialogue without getting defensive or angry.

• I've always been a good listener, but I struggled with expressing my own thoughts and opinions without getting defensive or shutting down. This program helped me to overcome those barriers and to engage in productive conversations with people who hold different views.